



Citizens
of Georgia Power
Carrollton

Lightning Dash 5K Run/Walk

April 27, 2019



**ALL PROCEEDS
TO BENEFIT:**

march of dimes®
A FIGHTING CHANCE FOR EVERY BABY™

Registration

Name: _____ DOB: _____ Gender: _____

Address: _____

Phone: _____

Email: _____

Emergency Contact: _____ Contact Phone: _____

100% Preshrunk Cotton T-shirt
Adult S ___ M ___ L ___ XL ___ 2XL ___ 3XL ___
Youth S ___ M ___ L ___



Must register by April 11th to guarantee a Shirt on Race Day

Online registration available at Active.com, search "lightning dash".

RACE WILL BEGIN AND END AT GREENBELT-HOBBS FARM TRAILHEAD.

Rome St. *(Behind Grace Covenant Church) Carrollton, GA 30117

Registration 6:30AM-7:45AM Race Starts at 8:00AM Rain or shine!

Checks payable to: Citizens of Georgia Power
1130 Alabama St, Carrollton, GA 30117

\$25 Entry until April 23, 2019

(Last day to guarantee T-Shirt 4/11/19)

Race Day Registration \$30, T-Shirt Not Guaranteed

Questions alhale@southernco.com

Discounts available
For teams of 5 or more.
Track Teams, Gyms, etc.
Team _____

Waiver: I know that running a road race is a potentially hazardous activity. I am in proper physical condition to compete in this run/walk and assume all risks associated with my participation Including, but not limited to, falls, contact with other participants, and the effects of the weather including high heat, humidity, cold, rain, traffic, and the conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release all race officials, volunteers, sponsors, and any others associated with this event from legal liability. Furthermore, I hereby grant the agents of this event permission to use photographs, videotapes, motion pictures, recording or other record of this event for legitimate purposes.

Signature _____

Parent or guardian's signature if under 18 years of age.